

Grazing for Resilience: Bouncing Forward from Catastrophic Events

Healthy soils and good grazing management can help insulate your operation from catastrophes like drought, flood, and fire. Learn how to build resilient soils, plants, and businesses by using your most powerful tool: the ability to plan, observe and adapt to whatever nature dishes out.



ATTRA Resources for Digging Deeper

[Drought Resistant Soil](#)

To minimize the impact of drought, soil needs to capture the rainwater that falls on it, store as much of that water as possible for future plant use, and allow for plant roots to penetrate and proliferate.

[Grazing Management for Drought \(podcast\)](#)

NCAT Sustainable Agriculture Specialist Tracy Mumma and Regenerative Livestock Specialist Justin Morris discuss how important it is to adapt livestock grazing strategies to drought conditions. They talk about the need to develop a drought plan, re-evaluate stocking rates, and invest in the future of your forage through careful management when emerging from a drought.



[Regenerative Grazing Compendium](#)

Livestock grazing can be managed to protect, and even improve, the health of the soil, forages, and animals. Rotational grazing and high-intensity grazing are steps toward a regenerative grazing system that improves soil function to the extent that no outside inputs are required while maintaining or even increasing grass production. Tools such as fencing, grazing calculators, and grazing plans can all help in developing and implementing a regenerative grazing system on pasture, rangeland, or integrated with crops.



[Programs Focus on Farmer Well-being \(podcast\)](#)

NCAT's Margo Hale visits with NCAT Sustainable Agriculture Specialist and farmer veteran Mike Lewis. Mike and his family operate a diversified farm in Southeast Kentucky. Mike talks about how USDA programs have helped him meet his farm goals, and about AgrAbility and the Farm and Ranch Stress Assistance Network (FRSAN), programs that address the physical and mental needs of many farmers.



ATTRA Livestock Webinar Series: Building Strong Foundations

[Part 1 Taking care of your land](#)

[Part 2 How many animals should I have?](#)

[Part 3 Choosing livestock for your farm](#)



Meet the Teachers

Contact your presenters for one-one-one assistance:

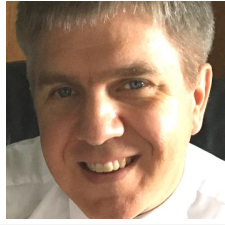
Justin Morris, NCAT Grazing Specialist

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[Justin's NCAT bio](#)

Soil health, livestock, grazing

[Soil for Water](#)



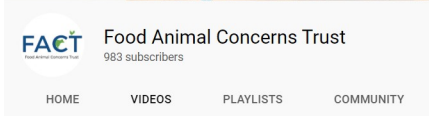
Linda Poole, NCAT Grazing Specialist

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[Linda's NCAT bio](#)

Livestock, grazing, wildlife, water

[Soil for Water](#) & [Soil for Water Forum](#)



A few other FACT webinars not to be missed:

[Creating Locally Adapted Herbivores with Dr. Fred Provenza](#)

[Pasture Management for Limited Resource Farmers](#)

[Regenerating Soils with Adaptive, High-Stock Density Grazing](#)

[Livestock Compass; A Profit Management Tool for Producers](#)

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

National Suicide Prevention Lifeline, available 24/7/365:

Three-digit national dial: 988 Or dial: 1-800-273-8255

We understand that every struggle is different. Experience the stories of people like you, and how they overcame crisis to find hope and recovery. Find hope at <https://suicidepreventionlifeline.org/stories/>.

Subscribe and explore [On Pasture's](#) archive of over 2,500 articles on grazing management tips you need to improve soil health, grow more forage, enhance animal productivity, and be more profitable.



FACT, the Food Animal Concerns Trust, advances our vision that all food-producing animals are raised in a humane and healthy manner. We accomplish this by supporting humane farmers, promoting policies that make foods from animals safe and healthy to eat, and helping consumers make informed food choices.



[ATTRA Voices from the Field podcast](#)

